

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<div> <div>April 2018</div> <div> </div> </div>
<div> </div> <div> 1 Rec Center Open 5pm-9pm Overlook Closed POOL CLOSED </div>	<div> 2 </div> <div> <div> Self Defense @ OFC 3:45pm-4:45pm Zumba @ OFC 5:00pm-6:00pm </div> </div>	<div> <div> Rec Night Out 3 </div> <div> Football Field 7:00pm-10:00pm <div> Yoga @ The Rec 5:15pm-6:15pm </div> </div> </div>	<div> 4 </div> <div> <div> Boot Camp @ OFC 3:45pm-4:45pm Spinning @ OFC 5:00pm-6:00pm </div> </div>	<div> <div> 5 </div> <div> <div> ESCAPE THE ROOM </div> </div> </div>	<div> <div> 6 </div> <div> Friday Nite at the Rec Escape the Room 10:00pm-1:00am Tie Dye Socks Free Food 32nd Annual Best Bench Prelims Begin </div> </div>	<div> <div> 7 </div> <div> Get The Hike Outta Here! Mystery Hike 10:00am-2:30pm </div> </div>	
<div> 8 </div> <div> Water Safety Instructor 10:00am-6:30pm Yoga @ OFC 7:30pm-8:30pm </div>	<div> <div> 9 </div> <div> NCAA Final Four Championship 9:00pm Free Food & Prizes <div> Self Defense @ OFC 3:45pm-4:45pm Zumba @ OFC 5:00pm-6:00pm </div> </div> </div>	<div> <div> Rec Night Out 10 </div> <div> Football Field 7:00pm-10:00pm <div> Yoga @ The Rec 5:15pm-6:15pm </div> </div> </div>	<div> 11 </div> <div> <div> Boot Camp @ OFC 3:45pm-4:45pm Spinning @ OFC 5:00pm-6:00pm </div> </div>	<div> <div> 12 </div> <div> Meet Us At The Net 12:30 Zanfino Plaza Free Food & Prizes </div> </div>	<div> 13 </div> <div> Lifeguarding Course 6:00pm-10:30pm LEARN CPR You Can Do It! </div>	<div> 14 </div> <div> Lifeguarding Course 10:00am-6:30pm </div>	<div> Rec Center Hours Monday-Friday 7:00am-11:00pm Saturday-Sunday 9:00am-9:00pm </div>
<div> 15 </div> <div> Water Safety Instructor 10:00am-6:30pm Lifeguarding Course 10:00am-6:30pm Yoga @ OFC 7:30pm-8:30pm </div>	<div> 16 </div> <div> <div> Self Defense @ OFC 3:45pm-4:45pm Zumba @ OFC 5:00pm-6:00pm </div> </div>	<div> <div> Rec Night Out 17 </div> <div> Football Field 7:00pm-10:00pm <div> Yoga @ The Rec 5:15pm-6:15pm </div> 2 on 2 Beach Volleyball 5:00pm </div> </div>	<div> 18 </div> <div> <div> Boot Camp @ OFC 3:45pm-4:45pm Spinning @ OFC 5:00pm-6:00pm </div> </div>	<div> 19 </div> <div> Meet The Greeks 7:00pm </div>	<div> <div> 20 </div> <div> <div> + Adult CPR/AED 1:00pm-4:00pm </div> Lifeguarding Review 6:00pm-10:30pm </div> </div>	<div> 21 </div> <div> <div> + Adult CPR/AED 9:30am-12:30pm First Aid 12:30pm-2:30pm Lifeguarding Review 9:30am-6:30pm </div> </div>	<div> Overlook Fitness Center Mon.-Fri. 7:00am-11:00pm Saturday 9:00am-9:00pm Sunday 11:00am-11:00pm </div>
<div> <div> 22 </div> <div> Get The Hike Outta Here! NYC 9:00am-5:30pm Yoga @ OFC 7:30pm-8:30pm </div> </div>	<div> 23 </div> <div> </div>	<div> <div> Rec Night Out 24 </div> <div> Football Field 7:00pm-10:00pm Racquetball Singles Tournament 4:00pm </div> </div>	<div> 25 </div> <div> </div>	<div> 26 </div> <div> 32nd Annual Best Bench Competition 12:00 </div>	<div> 27 </div>	<div> <div> 28 </div> <div> Spring Jam Rec Center Closing 3:00pm </div> </div>	<div> Open Rec Swim Wightman Gym Pool Mon.-Fri. 11am-2pm Tues. & Thurs. 5pm-7:30pm Mon.-Thurs. 7:30pm-10pm Sat.-Sun. 12pm-4pm </div>
<div> 29 </div> <div> Water Safety Instructor 10:00am-6:30pm Yoga @ OFC 7:30pm-8:30pm </div>	<div> 30 </div>	<div> <div> Recreational Services www.wpunj.edu/reccenter/ 973.720.2777 </div> <div> @WPRec </div> </div>					<div> <div> Friday Nite at the Rec De-Stress Night May 4, 2018 10:00pm-1:00am </div> <div> Chair Massages Free Food </div> </div>