

Self Defense @ OFC 3:45pm-4:45pm Zumba @ OFC 5:00pm-6:00pm

Rec 119%

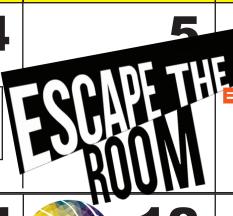
Football Field 7:00pm-10:00pm

Tuesday

Yoga @ The Rec 5:15pm-6:15pm

Wednesday

Boot Camp @ OFC 3:45pm-4:45pm Spinning @ OFC 5:00pm-6:00pm



Thursday

Rec A 10:00pm-1:00am Tie Dye Socks Free Food 32nd Annual Best Bench **Prelims Begin**

Friday

Saturday

Get The Hike Outta Here! Mystery Hike 10:00am-2:30pm

Lifeguarding Course

10:00am-6:30pm



Rec Center Open

5pm-9pm

Overlook Closed

POOL CLOSED

Water Safety Instructor 10:00am-6:30pm

Yoga @ OFC 7:30pm-8:30pm

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Water Safety Instructor Self Defense @ OFC 10:00am-6:30pm 3:45pm-4:45pm Lifeguarding Course Zumba @ OFC

10:00am-6:30pm 5:00pm-6:00pm Yoga @ OFC 7:30pm-8:30pm

NYC 9:00am-5:30pm

> Yoga @ OFC 7:30pm-8:30pm

NCAA Final Four Championship 9:00pm **Free Food & Prizes**

Self Defense @ OFC 3:45pm-4:45pm Zumba @ OFC 5:00pm-6:00pm

Rec 4igh, Out

9

Football Field 7:00pm-10:00pm

19h

Football Field

7:00pm-10:00pm

Beach Volleyball

5:00pm

Yoga @ The Rec 5:15pm-6:15pm

10 **Boot Camp @ OFC**

Yoga @ The Rec

24

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2 on 2 5:15pm-6:15pm

Boot Camp @ OFC 3:45pm-4:45pm Spinning @ OFC 5:00pm-6:00pm

3:45pm-4:45pm

Spinning @ OFC

5:00pm-6:00pm

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19

Meet Us At The Net

12:30 Zanfino Plaza

Free Food & Prizes

Meet The Greeks

Adult CPR/AED

1:00pm-4:00pm

Lifeguarding Course

6:00pm-10:30pm

Lifeguarding Review 6:00pm-10:30pm

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14

Adult CPR/AED 9:30am-12:30pm First Aid 12:30pm-2:30pm

Lifeguarding Review 9:30am-6:30pm

Monday-Friday 7:00am-11:00pm

Saturday-Sunday

9:00am-9:00pm

Mon.-Fri. 7:00am-11:00pm Saturday 9:00am-9:00pm Sunday 11:00am-11:00pm

Open Rec Swim

Wightman Gym Pool

Mon.-Fri. 11am-2pm

Get The Hike Outta Here!

23 wigh,

Football Field 7:00pm-10:00pm

Racquetball Singles Tournament 4:00pm



25



27

28 Spring

Rec Center Closing

3:00pm

Tues. & Thurs. 5pm-7:30pm Mon.-Thurs. 7:30pm-10pm Sat.-Sun. 12pm-4pm

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Water Safety Instructor 10:00am-6:30pm

Yoga @ OFC 7:30pm-8:30pm 30

www.wpunj.edu/reccenter/





